

# CASA 4.0 Training Schedule

## CASA of the Sabine Neches Region

### **Session 1**      **Wed 11am-2pm 6/12**      **Chapter 1 – The CASA/GAL Volunteer Role**

#### PRE-WORK INSTRUCTIONS

Please complete the following Pre-Work before you attend your first volunteer training session:

- Read pages 8–46, “The CASA Role” through the end of the “Bleux Case File.”
- Review and think about the Developing Competencies for CASA/GAL Volunteers assessment.
- Write down any questions you have about the “Child Welfare History” material.
- Using the Bleux Case File, write a case history in one or two paragraphs.
- Write down any questions you have about the case.

### **Session 2**      **Wed 11am-2pm 6/19**      **Chapter 2: THE WELL-BEING OF THE CHILD**

#### PRE-Work INSTRUCTIONS

Please complete the following Pre-Work before you attend your second volunteer training session:

- Read pages 66-98, “How Children Grow and Develop” through “The Importance of Family Engagement.”
- Read the “Bleux Case Court Report” provided by your facilitator.
- Read your program’s policies provided by your facilitator.

### **Session 3**      **Wed 11am-2pm 6/26**      **Chapter 3: TRAUMA, RESILIENCE AND COMMUNICATION SKILLS**

#### PRE-WORK INSTRUCTIONS

Please complete the following Pre-Work before you attend your third volunteer training session:

- Read pages 126-141, “Understanding Child Trauma” through “Initial Case Notes for the Black-Smith Case.”
- Watch “Shane’s Digital Story” video.
- Watch “CASA/GAL Sample Interview: 4-Year-Old Child Part 1” video and take notes as instructed. [Click here to view the video.](#)
- Watch “First Impressions: Exposure to Violence and a Child’s Developing Brain” video
- Complete the assignment “Preparation for Interviewing a Child.”

### **Session 4**      **Wed 11am-2pm 7/3**      **Chapter 4: MENTAL HEALTH, POVERTY AND CONFIDENTIALITY**

#### PRE-WORK INSTRUCTIONS

Please complete the following Pre-Work before you attend your fourth volunteer training session:

- Read pages 152-171, “Mental Illness in Families” through “Initial Case Notes for the Greene Case.”
- Complete the “Examining Poverty vs. Neglect Scenarios” activity.
- Play the online game “Spent” to learn more about the challenges of poverty.

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### **Session 5**      **Wed 11am-2pm 7/10**      **Chapter 5: SUBSTANCE ABUSE, DIVERSITY AND DISPROPORTIONALITY**

#### PRE-WORK INSTRUCTIONS

Please complete the following Pre-Work before you attend your fifth volunteer training session:

- Read pages 176-191, “What is Substance Abuse?” through “Initial Case Notes for the Bass Case.”

### **Session 6**      **Wed 11am-2pm 7/17**      **Chapter 6: DOMESTIC VIOLENCE, BIAS AND CULTURAL COMPETENCE**

#### PRE-WORK INSTRUCTIONS

Please complete the following Pre-Work before you attend your sixth volunteer training session:

- Read pages 200-217, “Understanding Domestic Violence” through “Initial Case Notes for the Amarillo Case.”
- Write down any questions you have after reading the “Understanding Domestic Violence” section.
- Complete the “Sorting People Online” activity.
- Complete the “Exploring Culture and Perceptions” activity.
- Complete the “Culturally Competent Child Advocacy” activity.
- Build an Individual Action Plan for Cultural Competence.

### **Session 7**      **Wed 11am-2pm 7/24**      **Chapter 7: EDUCATIONAL ADVOCACY, OLDER YOUTH AND LGBTQ YOUTH**

#### PRE-WORK INSTRUCTIONS

Please complete the following Pre-Work before you attend your seventh volunteer training session:

- Read pages 226-260, “Youth Aging Out of Foster Care” through “Initial Case Notes for the Brown Case.”
- Watch the “In Brief: How Resilience is Built” video and think about relationships you had as a youth that helped you build resilience.
- Listen to the “Childhood Reflections” audio clip.
- Watch the video “Legislative Updates to Religious Protections for Child Welfare Service Providers” video
- Complete the “Connecting With Your K–12 Experiences” activity.

### **Session 8**      **Wed 11am-2pm 7/31**      **Chapter 8: MOVING FORWARD AS AN ADVOCATE**

#### PRE-WORK INSTRUCTIONS

Please complete the following Pre-Work before you attend your seventh volunteer training session:

- Read pages 266-292, “Initial Notes for the Redd Case” through “CASA/GAL Volunteer Competencies Review Activity.”
- Using the Redd Case Notes and your program’s court report guide, complete the “Writing Your Court Report Activity” per your facilitator’s instructions.
- Complete the “CASA/GAL Volunteer Competencies Review” activity.